

## Nattokinase Heart Health

# Serrapeptase and Brain Health

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Latest studies suggest the little known proteolytic enzyme, Serrapeptase (also known as serratiopeptidase), may be highly beneficial for brain health, including the regeneration of tissue.

Research also reveals that the protein digesting enzyme may help people with the onset of Alzheimer's disease and dementia, and any other condition that involves chronic inflammation in the body.

## How Serrapeptase Works is Truly Amazing!

The tongue twisting enzyme is produced by way of bacteria in the gut of the silkworm (now made through fermentation in laboratories), and posses unique healing power for humans.

[Serrapeptase also offers great healing for your pets.](#)

In the natural world, its job is to dissolve the silkworm cocoon while it morphs into a moth, allowing it to journey it's freedom. It has the ability to dissolve any unnecessary/dead tissue in the human body, without harming the living tissue.

Many histologic studies show us [the benefits of the silkworm enzyme activity](#), in many cases, saving lives. It holds a vital key to combating many infirmities.

Claimants and experts declare it can provide relief to arthritis sufferers (and other joint pain), and it can even hinder cancer cell production.

And it may be just what the doctor ordered for cleaning up heart health issues, like high blood pressure, hardening of the arteries, heart attack or stroke, and positively does offer relief for people with circulation problems like me with varicose veins!

## The Nuts and Bolts of Brain Health and Enzyme Treatment

A healthy brain can be associated with clean blood circulation, little or no neuron damage and non existence of inflammation. There are many ways to keep your 'bodies computer' in perfect working order.



- Physical exercise
- Metal Stimulation
- Healthy lifestyle
- Reduced sugar intake
- Avoid alcohol & smoking

But, when circumstances work against you, the silkworm gut enzyme, serratio peptidase, can help.

It doesn't just offer anti-inflammatory support, but also provides fibrinolytic reinforcement, hindering amyloid plaque in the brain and accumulation (excess clotting) in the arteries supplying blood to it, as well as the rest of the body.

The enzyme dissolves excess fibrin (insoluble fibrous protein) and other dead tissue without hurting delicate living tissue.

It is now understood from much investigation (much more needed, however) that a number of degenerative brain diseases have their origins in moderate swelling, as their root cause.

## Alzheimer's Disease and Senile Dementia

Alzheimer's, the type of dementia that you are probably familiar with, is a horrible disease that can reduce a loved one to an empty shell! It is a neurological condition which results in shattering memory loss and cognitive decline.

Alzheimer's is now called 'Type 3 Diabetes' because one of the main causes is said to be high sugar content foods, which cause high levels of blood sugar glucose in the body.

Losing my grandmother to Alzheimer's a few years ago broke hearts in my family, including my own. The last memory I have of her, is looking into her vacant eyes, knowing she had no idea who I was.

I wish I'd known about the health benefits of serratio peptidase back then! Alzheimer's is a very cruel disease.

## Could Timely Intervention With Serrapeptase Help People With Alzheimer's?

The silkworm enzyme could be the way forward, to go somewhere to prevent the full onset of the disease. Despite that premise, you won't hear anything about it in main stream news or media.

Why?

Because news companies are too busy reporting on panic stories like flu and how you must get your shot so you don't contract it. And guess what?

The Big Pharma companies make millions, sorry .. Billions from flu shots and other drugs! If it was



reported that a naturally occurring product might work better than a drug, their profit margins would take a steep dive!

However, the flu shot debate is for another time!

## Research on Serrapeptase and Alzheimer's

In a recent study relating to Alzheimer's and the use of Serrapeptase (in combination with nattokinase), it revealed that not only could serratiopeptidase reduce the chemical actions in the brain which cause the disease, but also showed the silkworm enzyme promoted healthy chemical actions too.

This holds promise that proteolytic enzymes may feature more frequently in future studies, for therapeutic use in controlling the spread of Alzheimer's disease.

## Chronic Fatigue Syndrome and Fibromyalgia

Chronic fatigue syndrome (including Encephalomyelitis) is a type of autoimmune syndrome (others include Crohn's disease, lupus and Lyme disease), is a condition that closely mimics the symptoms of influenza.

- Muscle pain
- Connective tissue soreness
- Painful joints
- Headaches
- Lymph node irritation
- Sleeplessness

Inflammatory Cytokine proteins are now thought to be responsible for these symptoms, which normally get prescribed NSAID's (non-steroidal anti-inflammatory drugs) like ibuprofen or aspirin, to help control symptoms.

However, many of these drugs have unpleasant side effects.

- [Headaches](#) (ironically!)
- High Blood pressure
- Dizziness
- Stomach pain, even stomach ulcers
- Bleeding more frequently without coagulation
- Liver problems
- Kidney issues
- Allergic reactions causing rashes, and swelling (again, how ironic!)

Studies indicate that the anti-inflammatory, fibrinolytic and anti-edemic (prevention of fluid retention and swelling) properties of the silkworm enzyme are better suited to reduce pain and offer relief from symptoms of chronic fatigue or fibromyalgia, when compared to the NSAID's.

**Important:** You can't just pop a 'serra capsule' and feel it's immediate relief. It's not like a pain pill. It doesn't attack the nervous system right off the bat, it takes a few weeks or more to be consistent in your system to be effective.

But, when it does start working in your system .. IT WORKS.

## Parkinson's Disease and Autism

Recently, a link between Parkinson's and sub-clinical inflammation of the brain has been established. Additionally, it is believed that autism too could be the result of the brain swelling.

Some doctors feel that autism could be the result of the mercury levels found in childhood immunizations, while others feel that the inflammation could be brought on by the viruses in the shots regardless of their weakened status.

The anti-inflammatory abilities of serratiopeptidase may help controlling both of these problems.

## Depression, Anxiety and Stress



Depression (dubbed 'the silent killer') is another cruel, modern ailment that is associated with brain inflammation. Chronic inflammation in the body escalates as we age. This is due to the decreased production of proteolytic enzymes in our own bodies as we get older.

To aid the body's inborn inflammation control system, supplements like serrapeptase and nattokinase may help to curb symptoms of depression and anxiety. It can't help you to think differently, but the holistic approach to mental health (which you won't find in

main steam media reports), is proving to be superior to prescription medicines.

## Serrapeptase V's NSAID's For Improved Brain Health

Ibuprofen and Aspirin – It's not what they tell you!

Just look at the side effects of ibuprofen and other non-steroidal drugs (above). We're not fabricating this. It is fact, confirmed in over 1,000 publicly revealed medical studies, which you can find published online in the US National Library of Medicine.

But most doctors recommend you take a drug for swelling, which will cause .. yes, swelling as one of the many side effects! Insane. Ok, you'll see short term relief, but you compromise your health long term.

There are plenty of studies on serrapeptase that prove it's effectiveness in reducing swelling, water retention and providing pain relief. I use it to combat leg swelling due to poor blood circulation. In fact, you can see the difference after using serrapeptase for 8 weeks did for me on our benefits page.

## What Should You Do With This Knowledge?

First, cut off the sources that cause inflammation in the brain.

Quit consuming high sugary foods, stop using pain killers that may do more harm than good.

And then start a daily health plan (if you need it), which includes [serrapeptase proteolytic enzymes](#), which will reduce inflammation and promote your healthy brain chemical activity.

## Want to Try Serrapeptase?

We use and recommend Good Health Naturally's Serrapeptase capsules. They offer supreme quality products and are very reliable. They deliver to most countries around the world.

For me personally, they help me live a normal life, pain free.



[Buy 80,000iu Strength Serrapeptase](#)  
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### References:

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- 4 – <https://www.arthritis.org/chronic-fatigue-syndrome-fibromyalgia.php>
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