

# SERRAPEPTASE FOR HEART HEALTH

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Numerous researchers have demonstrated the efficacy of Serrapeptase as a healthy enzyme for maintaining good heart health. Around 40 studies were conducted and all showed Serrapeptase to be helpful in improving heart health. Among all of these studies, the late Dr. Hans A. Nieper of Hanover was the leading researcher. He was well known around the globe for being one of the best integrative physicians available. He was also widely known for being among the best cardiovascular doctors in the world.

Dr. Nieper was the first person who showed strong belief in the positive effects of Serrapeptase on heart patients. He spent an extensive amount of time conducting studies on this very issue. His main goal was to see whether or not Serrapeptase was capable of reducing the accumulation of plaque in the arteries. Interestingly, it was he who called Serrapeptase ‘the miracle enzyme’ after discovering the benefits it has to offer to heart patients. Through his thorough research, Dr. Nieper was able to determine that Serrapeptase is effective at reducing fat, plaque, and cholesterol debris that are associated with atherosclerosis (4). Atherosclerosis is a condition that is caused by the accumulation of plaque in the arteries. It is one of the major causes of strokes, heart attacks, high blood pressure, and other cardiac conditions.

Dr. Nieper performed several experiments and discovered that Serrapeptase can dissolve harmful particles that accumulate and form plaque in the arterial walls. These particles include cellular waste, fat, fibrin, bad cholesterol, and calcium. Moreover, he also proved that Serrapeptase did all of this without harming the living, healthy cells or tissues that line the arterial walls. What makes his studies even more reliable is the fact that modern science and the recent studies conducted have shown that plaque formation inside the arterial walls is a form of inflammation (32). In other words, this means that Serrapeptase is capable of improving heart health by reducing the accumulation of harmful particles in the arteries.