

MODUCARE (PLANT STEROLS AND STEROLINS) – ALLERGIES & ASTHMA

Condition

Allergies and Asthma

Explanation

People with allergies have an overactive immune system. They are reacting to various “triggers” in their environment that produce an allergic response, e.g. pollen, grass, cat hair, perfume.

The ideal way of dealing with allergies is at the cellular level before specialized immune cells (mast cells) start releasing histamine.

Plant sterols and sterolins have been shown in research to decrease the overactivity of the immune system. They decrease the specific immune factor (Interleukin 4) that ultimately causes the allergic response and the release of histamine. Therefore, it is beneficial for allergy sufferers to try to balance their immune system with sterols and sterolins.